

SMA Nutrition Research Needs Your Help!

Nutrition is proving to play an important role in patients with SMA. **SMA Angels Charity, Inc.** in collaboration with the **University of Utah, Cincinnati Children's Hospital Medical Center,** and the **University of Wisconsin American Family Children's Hospital** is working to increase awareness and research into nutrition.



We are asking for your support in promoting an investigation into this important issue. We have launched a website www.smaandnutrition.org to help families impacted by SMA provide researchers with information that will help them investigate the impact of nutrition on the disease

We would like to ask all families, especially those affected by SMA Type 1, to complete a Nutrition Survey. This on-line survey should take approximately 15 minutes. The survey includes questions about feeding regimens and methods; select medications, equipment, and medical interventions; specific types of formulas regularly given and diet development and adjustment over time.

The short-term goal is to gather data on the frequency of use of special diets for children SMA Type I and to better identify the similarities and differences among diets currently used. It's easy to participate.

- Email smadiet@gmail.com and request a login and password for the SMA Nutrition Survey.
- You will be sent required disclosure paperwork to sign and return via fax/scan.
- After the paperwork is signed and returned you will receive your login and password.
- Go to www.smaandnutrition.org login and click on [Take the Type I SMA Nutrition Survey](#)

History has shown that it is the families that are the driving force in the quest for the best quality of care for their children with special needs. Thank you for your participation and help with this project.

